

HELPFUL MOLD TIPS FOR THE HOME AND APARTMENTS

1. Keep the humidity low within your dwelling.
2. Use air conditioning and or a dehumidifier when possible.
3. Always promote or allow for adequate ventilation.
4. Do not use humidifiers.
5. Clean walls regularly and add mold inhibitor to paint.
6. Limit house plants. They can be pollen carriers.
7. Avoid foam rubber and feather pillows.
8. Decrease dust exposure by minimizing the number of books and magazines.
9. Vacuum carpets regularly or better yet keep your floors bare.
10. Install an exhaust fan in each bathroom. If this is not possible, be sure to open the windows regularly.
11. Be sure to vent your clothes dryer to the outdoors.
12. Quaternary ammonia works best for cleaning and inhibiting mold growth.